

ROLE OF CO-CURRICULAR ACTIVITIES IN STUDENT'S LIFE

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Abstract

The Fundamental aim of education is to make all-round development of a child. The all-round development means Intellectual, Physical, Sensible, Social and Moral development. This all-round development is made possible through education only. Because education plays the fundamental role in making man as Social intellectual, culturally well developed animal. And this is possible through education. To fulfill all these objectives there is need of curriculum, syllabus, textbook but as well as beyond these there is need of co-curricular activities. So in this paper it has been focused the concept and importance of co-curricular activities.

Key Words: *Role , co-curricular activities, life*

Concept of Co-Curricular Activity:- Lets see some definitions of co-curricular Activities.

- 1) "The activities which try to develop the student's physical, moral, mental, social, and emotional development i.e. all-round development are called Co-Curricular activities."
- 2) "Co-Curricular activities are such activities which complement but are not part of the traditional academic curriculum"
- 3) Co-Curricular activities are those activities which are beyond the curriculum though they are the part of schools and College.

Most of the colleges and institution provide many co-curricular activities to the students, the main aim of these activities is to develop all-round development of students let us see the need and importance of co-curricular activities in student's life.

Physical Development: - Due to many outdoor games there happens physical exercise of a child, with the help of these exercises physical development is possible of a child. e-g. Sports such as, cricket, volleyball, kabaddi, etc. game.

Moral Development :- When the School, college arrange many competitions, on behalf of that activities students get moral development, the activity such as story telling competition, poetry reading, etc.

Social Development:- Man is born in society, and grows in society, man's every need is fulfilled in society many programmes arranged. There is developed the feelings of nationality.

Emotional development: - Co-Curricular activity develops the emotional development in student. The feelings of fraternity to each other.

Cultural Development: - Our traditions, rites, are understood through co-curricular activities. Drama, Plays, Folk, Folk-Dance, Poetry reading, Religious and Social Ceremonies etc.

List of some co-curricular activities

1. Inter Colleges sporting competitions
2. Youth Festival
3. Cultural Programmes in Schools and Colleges.
4. NCC, NSS
5. Annual Gathering in schools, colleges
6. Morning Assembly Programmes
7. Language Calligraphy
8. Spot drawing and painting competition
9. Singing
10. Quiz Competition
11. Rangoli Competition
12. Poster competition
13. Fancy dress
14. Various indoor and outdoor games
15. Debate, elocution competitions

Role of Co-Curricular Activities in Student's life

- 1) Co-Curricular activities improve the all-round development of students.
- 2) Co-Curricular activities enable the students to make positive sense and competition sense for future and for their life.

- 3) Co-Curricular activities improves the sense of leadership in students and make aware them about responsibilities.
- 4) Physical activities like running, football, vulliball etc. help not only in the physical fitness they also refresh the burdened mind.
- 5) Co-Curricular activities are useful to chose the professional courses as our mind.
- 6) It makes the habit of disciplinary life.
- 7) It is useful for sociality.

Conclusion:- In this way the role of co-curricular activities in students life are very important, these activities are really important as they have a potential of developing the intellect of a student.

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